

## Physical Education P-12 BSED Student Learning Outcomes

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### Objective 1: Content Knowledge and Discipline Mastery

Outcome 1.1: Students will have a comprehensive knowledge of physical education content, including movement skills, motor development, kinesiology, exercise physiology, lifetime fitness, sport pedagogy, and health/wellness concepts, applying this disciplinary knowledge appropriately across P-12 grade levels and developmental levels (preschool, elementary, middle, secondary).

Outcome 1.2: Students will successfully complete meaningful field experiences (laboratory, clinical, student teaching) in P-12 physical education settings and demonstrate readiness for beginning professional teaching in Alabama (Class B certification) or other states under reciprocity.

Outcome 1.3: Students will have the capacity to enter the profession with the confidence, competence, and ethical foundation to teach P-12 physical education effectively and to contribute positively to a school's culture and student wellness.

### Objective 2: Proficiency in Critical Thinking Skills

Outcome 2.1: Students will plan, design, implement, and evaluate developmentally appropriate physical education curricula, lessons, and units for P-12 students that are engaging, inclusive, standards-based, and evidence-informed.

Outcome 2.2: Students will use appropriate formative and summative assessment tools to monitor student learning, physical performance, motor skill development and fitness outcomes, and they will interpret assessment data, reflect on teaching effectiveness, and adapt instruction accordingly to support student growth in physical competence, health literacies, and lifelong activity habits.

### Objective 3: Collaboration, Communication, and Leadership

Outcome 3.1: Students will communicate effectively with students, colleagues, families, and community stakeholders about physical education goals, student progress, health and wellness issues, and/or program outcomes.

Outcome 3.2: Students will serve as a leader and advocate within the school and community to promote physical activity, wellness initiatives, safe movement environments, and/or enrichment opportunities beyond the classroom.

### Objective 4: Professional Dispositions and Ethical Practice

Outcome 4.1: Students will demonstrate professional behaviors consistent with the Alabama educator code of ethics and P-12 teaching standards: responsibility, reflective practice, collaboration, advocacy for physical education, promotion of safety, and/or equity in the learning environment.

Outcome 4.2: Students will promote lifelong wellness, physical activity, and healthy lifestyle choices for themselves and their students; advocate for physical education as a vital component of the total school curriculum.

Outcome 4.3: Students will create learning environments that respect and value differences among students (race/ethnicity, gender, ability/disability, socioeconomic status, culture) and provide equitable opportunities for all students to develop physically, socially, and/or emotionally through movement.

#### Objective 5: Effective Use of Technology

Outcome 5.1: Students will employ a variety of instructional strategies (e.g., skills-based physical education instruction, cooperative learning, small-sided games, fitness circuits, peer teaching, technology-enhanced learning) to support diverse learners in P–12 settings, while creating safe, inclusive, and supportive learning environments that foster respect, positive social interaction, and/or responsible personal social behavior.

#### Objective 6: Reflective Practitioner and Lifelong Learner

Outcome 6.1: Students will engage in reflective practice, meaningfully analyze their own teaching, student outcomes, and program effectiveness while pursuing continuous professional growth in response to changing research, technology, policy, and/or student needs.

Outcome 6.2: Students will serve as a leader and advocate within the school and community to promote physical activity, wellness initiatives, safe movement environments, and enrichment opportunities beyond the classroom.